

ANDREWS UNIVERSITY

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Program Continuation

Students may register for this non-credit continuation course to maintain active status. For additional information on active status, please refer to p. in the bulletin. Registration does not indicate full-time status.

NRSG

The Didactic Program in Dietetics (DPD) at Andrews University is currently accredited by the Accreditation Council for Education

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ACE CPT (Certified Personal Trainer) Certification is required (to pass) before a student can graduate with BS: Health & Fitness. A minimum grade of C is required in all majors and cognate courses. A minimum cumulative GPA of . is required.

Bachelor of Health Science: Wellness (67)

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Graduate Program

MS: Nutrition & Wellness (32)

Admission Requirements

Applicants for the MS: Nutrition & Wellness must have completed undergraduate credits in nutrition, and approved cognates as follows.

- . Two nutrition courses (equivalent to FDNT and one advanced course).
- . Survey courses in chemistry with labs, including inorganic, organic, and biological (equivalent to CHEM and BCHM).
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Impact of nutrition policies on community health. Implementing and evaluating a community nutrition program. Weekly: -hour lecture and a -hour lab. Prerequisite: FDNT . Spring—Offered

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FDNT

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Professional Experience

Opportunities for unique supervised practical experiences in various organizations to introduce the student to the role of a professional. A maximum of credits per semester can be taken.

NUTRITION & WELLNESS COURSES

<p>FTES \$ () Outdoor Trips-N-Treks: One- to two-week trips beyond the normally offered activity courses: Biking, Backpacking, Skiing. Repeatable in different areas. Instructor's permission required. Consult the current class schedule for activities offered each year. Normally involves out-of-state destinations when school is not in regular session.</p>	<p>volleying, team play, basic strategy and rules. Students must supply their own racquet and balls. Spring</p>
<p>FTES \$ () Study Tour: Travel to destinations relevant to individual programs of study. Classes will be selected from department(s) offerings. Fee may be required.</p>	<p>FTES \$ () Golf Study of the basic techniques of the golf swing. An introduction to the game, rules and etiquette of golf. Students must supply their own equipment. Additional lab fees required. Spring</p>
<p>FTES \$ () Outdoor Adventure Instruction in camping and outdoor techniques, open fire cooking, orienteering, backpacking, wilderness first aid and edible wild plants. Department supplies all necessary equipment except backpack. One weekend trip required where students will day hike and live outdoors.</p>	<p>FTES \$ () Beginning Racquetball Introduction to basic strokes, singles and doubles play, strategy and rule interpretations. Students must supply their own racquet, balls and eyeguards.</p>
<p><u>Team Activity Courses</u></p>	<p>FTES \$ () Special Activities Special areas beyond normally offered courses: Cardinal Athletics, personalized fitness activities, horseback riding. Repeatable in different areas. Consult the current class schedule for activities offered each year.</p>
<p>FTES \$ () Beginning Basketball Instruction in the fundamental skills of shooting, passing, ball-handling, man-to-man defensive play, basic rules, offensive strategy, basic rules and team play.</p>	<p>FTES \$ () Floor Hockey Introduction to the game, including team composition, rules and fundamental skills.</p>
<p>FTES \$ () Beginning Volleyball Instruction in the basic skills of serving, setting, passing and spiking, and the basic instruction on rules, and -, -, -, and -person team play.</p>	<p>FTES \$ () Intermediate Basketball Analysis of and drills in fundamental skills, offensive and defensive strategies. Emphasis is given to team play.</p>
<p>FTES \$ () Beginning Softball Instruction in the fundamental skills of throwing, catching, base running, batting and fielding of ground and fly balls. Position play, game situation drills, scrimmages and rules are covered. Student must supply own glove.</p>	<p>FTES \$ () Intermediate Volleyball Instruction in advanced team play, offensive and defensive strategies. Game scrimmages will help to perfect fundamental skills.</p>
<p>FTES \$ () Soccer Learning the fundamental skills of ball control, passing, blocking and shooting goals. Indoor or outdoor games depending upon the season and weather.</p>	<p>FTES \$ (,) Gymnics The student will be a part of a demonstration acrobatic team that will perform for various audiences both spiritual and secular in nature. Students will learn to perform various acrobatics, increase their physical fitness level and learn teamwork. Students will develop tolerance both for others and for themselves as they become a part of the team and will have an opportunity to share what God has done and what He is ready to do again in their lives. Class meets four nights a week for hours throughout the fall and</p>
<p>FTES \$ () Disc Sports Development of basic skills for "Disc Sports" like disc golf and ultimate frisbee. Students will learn the basic strokes, rules and techniques to allow them to be proficient in these lifetime activities.</p>	
<p>FTES \$ () Badminton Analysis and practice of basic strokes, singles and doubles play, strategy and rule interpretations.</p>	
<p>FTES \$ () Tennis Instruction in the fundamental skills of ground strokes, serving,</p>	

